

Sample itinerary, 3-night trip

School name:

Trip dates:

Names of teachers/chaperones:

Grade level:

Number of people: 12 (11 students, 1 teacher/chaperone)

Day 1

| Time | |
|--------------|---|
| 13:30 | Arrive at BMSC by bus and check in with BMSC staff at the Whale Lab. Unload bags and get settled into the dorms, then get ready for afternoon activities! |
| 14:30 | Tour of the facilities and safety orientation. Meet in the Rix Atrium (clamshell-shaped building) |
| 15:30 | <u>Lab</u> : Marine invertebrate diversity in Barkley Sound (Whale Lab) |
| 17:30 | Break before dinner |
| 18:00 | <u>Dinner</u> |
| 19:00 | <u>Slideshow</u> : Marine Mammals of the west coast (Rix A) |
| 20:00 | End of activities for the day |

Day 2

| Time | |
|--------------|--|
| 7:30 | <u>Breakfast</u> |
| 08:30 | <u>Field trip</u> : Life under the docks (Meet at docks and dress for the weather) |
| 09:15 | <u>Boat trip</u> : Dredging aboard the Alta (Meet at docks) |
| 10:30 | <u>Boat trip</u> : Oceanography in Grappler Inlet (Meet at docks) |
| 12:30 | <u>Lunch</u> |
| 13:30 | <u>Field trip</u> : Intertidal explorations at Eagle Bay (Meet at docks, shuttle to West Bamfield by boat, walk ~15 minutes to the beach) |
| 17:30 | Short break to warm up before dinner |
| 18:00 | <u>Dinner</u> |
| 19:00 | <u>Lab part 1</u> : Introduction to experimental biology (Whale Lab) |
| 20:00 | <u>Optional field trip</u> : Self-guided trip to look for bioluminescence from the BMSC docks (self-guided, instructions provided by BMSC staff) |

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bmsc BAMFIELD MARINE SCIENCES CENTRE



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Day 3

| Time | |
|-------|--|
| 7:30 | Breakfast |
| 08:30 | <u>Lab part 2:</u> Experimental marine biology (Whale Lab) |
| 10:30 | <u>Field trip:</u> Temperate rainforest ecology (Meet in traffic circle, wear rain gear and boots) |
| 12:30 | Lunch |
| 13:30 | <u>Field trip:</u> Explore beautiful Brady's beach. (Meet at docks, shuttle over to West Bamfield by boat, hike ~20 minutes to the beach) |
| 17:00 | Souvenir store open: your chance to purchase BMSC t-shirts, hoodies, stickers, etc. (Main Building library) |
| 18:00 | Dinner |
| 19:00 | <u>Workshop:</u> Reflection on the Bamfield experience co-led by teachers and BMSC staff (Whale Lab) |
| 20:00 | End of activities for the day |

Day 4

| Time | |
|-------|--|
| 07:00 | Pack up and move out of dorms. Stow bags in Rix Centre Atrium. |
| 07:30 | Breakfast , build yourself a bag lunch |
| 08:30 | <u>Lab:</u> Microscopic examination of plankton and discussion of oceanographic data (Rix lower level, Plankton Lab) |
| 10:30 | <u>Lab:</u> Seaweed identification, ecology, and human uses (Main Building lab) |
| 12:00 | Wrap-up and prepare to depart BMSC |
| 12:30 | Depart BMSC with bagged lunches |

