

BMSC Field Trips Packing List

What to bring to Bamfield?

During your visit to Bamfield Marine Sciences Centre, you can expect to be outside for several hours each day. In order to be comfortable in our rainy climate, we recommend you bring the following items:

Raingear

- Raincoat or waterproof jacket with a hood
- Rain pants (if considering the inexpensive vinyl ones from Canadian Tire, please note that they consistently rip and are not recommended)
- A ball cap to keep the rain off your face (especially useful for glasses-wearers)
- Optional: a pair of rubber dishwashing gloves to keep your hands dry (especially useful for boat trips)

Please note that we have a limited supply of spare gear that can be borrowed if need be. Additionally, please expect rain at some point during your visit regardless of the weather forecast.

Rubber Boots and Appropriate Footwear

- Tall, waterproof rain or rubber boots
- Wool socks or other tall socks to go inside the rubber boots (ankle socks are likely to cause blisters)
- Other closed toe shoes: required for boat trips and science labs

Please note that we have a limited supply of rubber boots that can be borrowed if need be.

Several Warm Layers of Clothes (yes, even in the Spring/Summer! It gets cold out on the water!)

- wool or fleece sweaters, long johns, wool socks, etc., items that allow you to layer-up.
- Toque or hat and gloves
- Pants (shorts are not recommended)

Please note that regardless of weather forecast and sunshine, boat trips are **always cold, windy, and damp**. You may be denied boarding boats if you don't have appropriate warm clothing.

Daypack (as waterproof as possible)

- Ziploc bags can protect your phone /camera/ notebook from the rain
- A full-size garbage bag will keep spare clothes dry inside the pack (or can be transformed into a fashionable rain poncho in a pinch!)
- Pencils/pens, notebook - for notes, journaling, sketching etc.

Personal Items

- Bath towel
- Toiletries: toothbrush, toothpaste, shampoo/conditioner, soap / body wash
- Prescription medications
- Sunscreen, sunglasses (yes, it rains most days, but we have sunny days too)
- Camera/Cellphone - with charger / spare batteries
- Earplugs (to block out noise in shared accommodation)
- Extra snacks (please note we are a nut-sensitive facility)

Reusable water bottle (all water on station is safe to drink)



Reusable mug/thermos- for hot drinks

Flashlight / Headlamp - with new batteries, or with charger

Sleeping Bag (if not paying for linens)

- pillow & pillow case already provided

Questions? Email fieldtrips@bamfieldmsc.com